

Surgeon's Name: \_\_\_\_\_  
Specialty: \_\_\_\_\_  
Board Certified by the American Board of \_\_\_\_\_

1. Is the majority of the surgeon's practice devoted to cosmetic surgery?
2. What percentage of the doctor's practice is cosmetic versus reconstructive plastic surgery?
3. Does the doctor limit himself to, or have special interest, training, and experience in cosmetic surgery of the face (face lift, nose, ear, lip, eyelid reshaping)?
4. Does the doctor have a special interest, training and experience in body contouring (breast enhancement and liposuction)?
5. Is the doctor a member of the American Society for Aesthetic Plastic Surgery? This is the group of about 1400 board certified plastic surgeons devoted to excellence in cosmetic surgery.
6. Has the doctor been a member of the Lipoplasty Society of North America? This is the group of about 500 board certified plastic surgeons dedicated to excellence in liposuction fat removal.
7. How long has the doctor been performing the procedure that you are considering?
8. Does the doctor have hospital privileges to perform the procedure you are considering?
9. How many of these procedures does the doctor perform in an average month?
10. Has the doctor completed a plastic surgery residency and fellowship?
11. Is the doctor board certified by the American Board of Plastic Surgery?
12. Is the doctor a Fellow of the American College of Surgeons (FACS)? This is a group of surgeons from many specialties who are committed to providing their services in an ethical manner.
13. Has the doctor been a medical school faculty member?
14. Will the doctor provide you with a copy of his biography which summarizes his training, qualifications, and credentials?
15. Are typical "before and after" photos available for your viewing at your consultation. Are the photos shown to you all the doctor's patients?
16. Does the medical office offer "computer imaging" to help you appreciate the anticipated results of your procedure?
17. Does the office provide at the consultation an itemized "fee quotation sheet" which lists all proposed services and outlines all charges?
18. How often does your doctor have to do touch-up surgery to correct complications?
19. What is the doctor's policy for "touch up surgery"? Are you responsible for fees involved if you have a complication requiring further surgery?
20. Does the office offer a financing program?
21. Can you speak with the doctor's patients who have had the procedure you are planning to have? Is there cosmetic patient phone referral network?
22. Is the surgery performed entirely by your surgeon? Or is part delegated to a less experienced surgeon- in-training?
23. Will the doctor and staff perform all the postoperative care?
24. Can the procedure be done at this doctor's office?
25. Is the office accredited just like all the area hospitals by the Joint Commission for Accreditation of Healthcare Organizations (JCAHO)?

26. Are you given a detailed computerized instruction manual which describes your care before and after your procedure? Are all the risks and possible complications listed for you in detail to discuss with the doctor and his staff?

#### THE OPERATING ROOM AND OPERATIVE PROCEDURE

1. Who will administer your anesthesia? MD Anesthesiologist \_\_\_\_, Surgeon and Nurse (RN) \_\_\_\_, Certified Nurse Anesthetist \_\_\_\_, Surgeon only \_\_\_\_.
2. Is the preoperative lab work done to check your blood count, clotting studies, pregnancy screen (if needed)? If appropriate because of your age or preexisting health problems, does your surgeon order other studies such as chest x-ray or EKG or ask your personal doctor for a letter of medical clearance? Can your studies be done in the office, or do you need to go elsewhere?
3. What monitoring if available in the operation room: EKG \_\_\_\_, Pulse Oximetry \_\_\_\_, Blood Pressure \_\_\_\_, Capnograph (CO2)\_\_\_\_?
4. What monitoring is done in the recovery room: EKG \_\_\_\_, Pulse Oximetry \_\_\_\_, Blood Pressure \_\_\_\_?
5. Who will assist you in the recovery room? Nurse? \_\_\_\_ Are the staff members and doctor certified in CPR and Advanced Cardiac Life Support.
6. Does your recovery room assistant have other responsibilities elsewhere in the office at the same time that they care for you.
7. How does the facility/doctor's office handle a medical emergency? Is a "crash cart" with medications and equipment available to handle life threatening emergency?
8. Does the surgeon have transfer and attending privileges at a nearby hospital? In the event of an emergency such privileges enable the surgeon to admit you to the hospital.

Information provided to you as a public service by Steven Yarinsky, MD.  
Saratoga Springs Plastic Surgery, PC. Call him at (518) 583-4019.